

Week 1 Menu

	BREAKFAST	LUNCH	PM SNACK
MONDAY	Cereal with Milk Fruit Juice	Turkey with Noodles Green Beans Applesauce Milk	Oatmeal Cookie Milk
TUESDAY	Biscuits and Gravy Peaches Milk	Breaded Steak Fingers Corn Peaches Milk	Nilla Wafers Vanilla Pudding Water
WEDNESDAY	Yogurt Granola Frozen Blueberries	Hamburger Patties on Buns French Fries Pears Milk	Cheese Sticks Wheat Crackers Water
THURSDAY	Toaster Pastry Pineapples Milk	Pigs in a Blanket Peas Mandarin Oranges Milk	Nutrigrain Bars Bananas Water
FRIDAY	French Toast Sticks Mixed Fruit Milk	Souper' Burger with Toast Pineapple Tidbits Milk	Graham Crackers Apples Water

Fruit and/ or Vegetable Substitutions may be made depending on availability.

Revised 02/2019



Week 2 Menu

	BREAKFAST	LUNCH	PM SNACK
MONDAY	Cereal with Milk Bananas	Chicken Lomein w/ Mixed Veggies Pears Milk	Apple Oatmeal Bars Water
TUESDAY	Scrambled Eggs & Toast Canned Apples Milk	Whole Wheat Cheese Quesadilla Carrots Applesauce Milk	Frozen Berries Cottage Cheese Water
WEDNESDAY	Mini-Bagels with Cream Cheese Fruit Juice	BBQ Pork Patty with Rice Corn Mixed Fruit Milk	Gogurt Cheese Its Water
THURSDAY	Cinnamon Rolls Pineapple Tidbits Milk	Grilled Cheese Sandwich Tomato Soup Peaches Milk	Seasonal Fresh Fruit Pretzels Water
FRIDAY	Pancakes Blueberries Milk	Cheese Pizza Peas Mandarin Oranges Milk	Rice Cakes Raisins Water

Fruit and/or Vegetable Substitutions may be made depending on availability.

Revised 2/2019



Week 3 Menu

	BREAKFAST	LUNCH	PM SNACK
MONDAY	Cereal with Milk Fruit Juice	Breaded Chicken Nuggets Corn Peaches Milk	Chocolate Chip Cookies Milk
TUESDAY	Cinnamon Sugar Biscuits Frozen Berries Milk	Spaghetti with Ground Turkey Sauce Greens Beans Applesauce Milk	Nilla Wafers Vanilla Pudding Water
WEDNESDAY	Yogurt Granola Frozen Blueberries	Lil Smokies in Barbeque Sauce with Rolls Carrots Mandarin Oranges Milk	Cheese Sticks Wheat Crackers Water
THURSDAY	Scrambled Eggs & Toast Canned Apples Milk	Mini Turkey Corn Dogs Peas Mixed Fruit Milk	Popcorn Fruit Juice
FRIDAY	French Toast Sticks Pears Milk	Grilled Chicken Patty Steamed Rice Veggie Medley Pineapple Tidbits Milk	Green Apples Carmel Dip Water

Fruit and/or Vegetable Substitutions may be made depending on availability.

Revised 2/2019



Week 4 Menu

	BREAKFAST	LUNCH	PM SNACK
MONDAY	Cereal with Milk Fruit Juice	Chicken Noodle Soup with Toast Carrots Canned Apples Milk	Banana Muffins Milk
TUESDAY	Mini-Bagels with Cream Cheese Pears Milk	Meatballs Mashed Potatoes Mandarin oranges Milk	Frozen Berries Cottage Cheese Water
WEDNESDAY	Biscuits and Gravy Mixed Fruit Milk	Ham and Cheese Sandwich Steamed Veggie Medley Canned Apples Milk	Gogurt Goldfish Water
THURSDAY	Monkey Bread Pineapple Tidbits Milk	Chicken Patty Green Beans Peaches Milk	Seasonal Fresh Fruit Pretzels Water
FRIDAY	Pancakes Blueberries Milk	Hot dogs with Macaroni & Cheese Carrots Mixed Fruit Milk	Left Over Snack Day Fruit Juice

Fruit and/or Vegetable Substitutions may be made depending on availability.

Revised 2/2019

